

BE CAREFUL, LITTLE TONGUE, WHAT YOU SAY

What does the Bible say about controlling the tongue?

The Old Testament warns us about avoiding gossip and evil speaking.

Proverbs 20:19 “He that goeth about as a talebearer revealeth secrets:
Therefore meddle not with him that flattereth with his lips.”

The New Testament tells us to put away the wicked use of the tongue.

Ephesians 4:31 “Let all bitterness, and wrath, and anger, and clamour and evil speaking, be put away from you, with all malice.”

Why is an uncontrolled tongue so dangerous?

Because words rashly spoken can have serious consequences.

Read Mark 6:22-28

It was because of rash speaking that King Herod ended up having John the Baptist beheaded, even though Herod did not want it done.

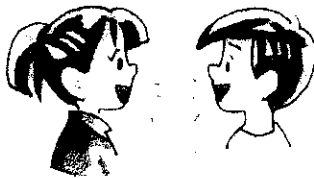
Because it will affect the lives of individuals for a lifetime.

It hurts the person you are talking about, his/her family, friends, neighbours etc. It can affect them for a lifetime.

A man who has an uncontrolled tongue brings pain and hurt upon himself.

1Peter 3:10 “For he that will love life, and see good days, let him refrain his tongue from evil, and his lips that they speak no guile:”

Let us, every day, be very careful what our tongue speaks! The uncontrolled tongue is especially harmful and dangerous to the body of Christ.



WHAT DOES THE LORD ALWAYS WANT US

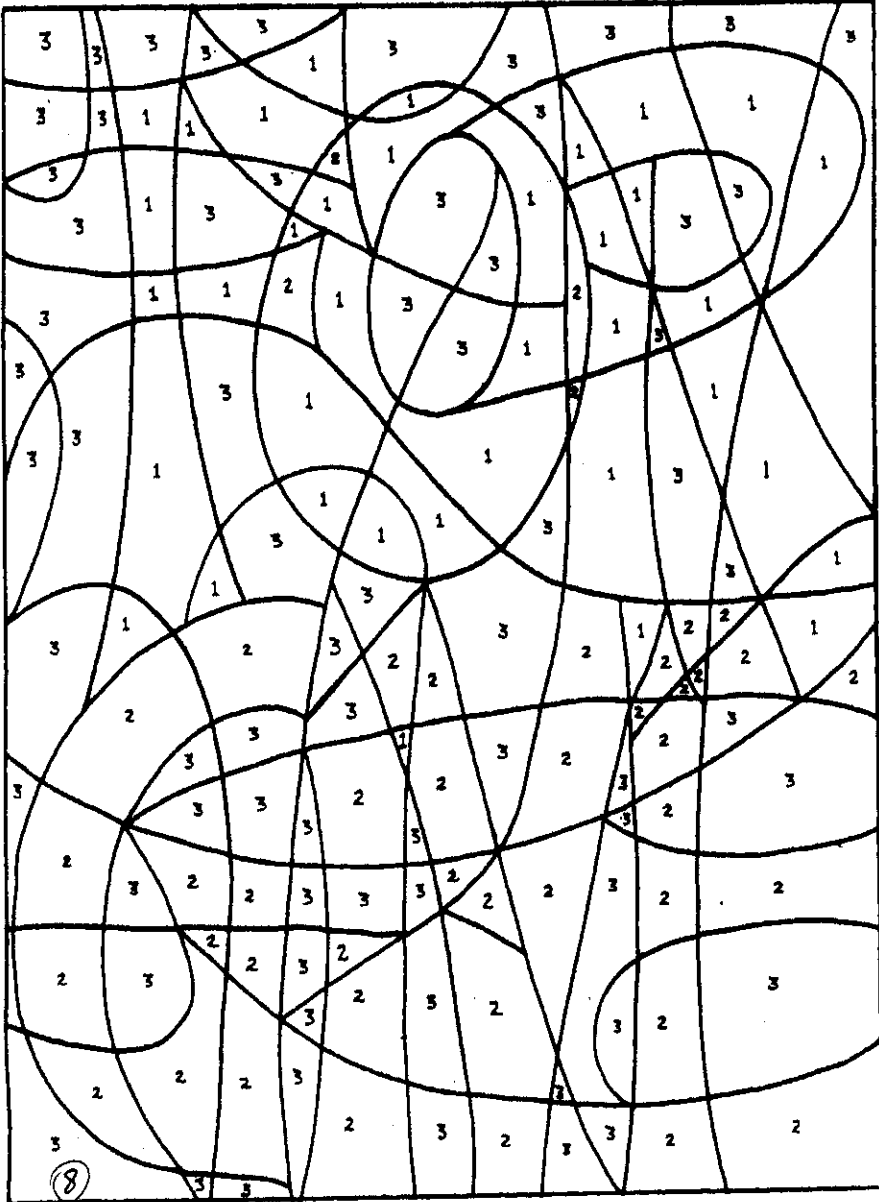
TO DO WHEN SOMEONE HAS HURT US?

Fill in the spaces with their proper colours to find out

1 - Green

2 - Purple

3 - Yellow

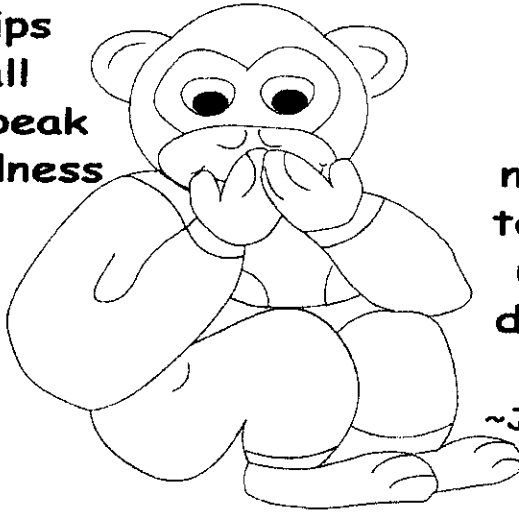


N I C E D O M U P U N N T Y O C
 S E T A L E S O N R A O C O B H
 T Y V T P H E J R T A R R S E R
 N T A O S L U Y I A E I O U D I
 E S H W L S E R O M L U S L I S
 M E U D T T A H H A V S E E E T
 D N R T H M H P P R A Y E M N I
 N O T D A O T O R U N T O Y C A
 A H O S U H M N U O M A T T E N
 M S H E S T E C E G V W C H D V
 M I A E P U A E H M H E T E E A
 O D I R G R N S G A E T R E B L
 C L V O E T N V E D R G F B O U
 N R O R E S P E C T U I D U S E
 E D S E S R U O M U R J T U L S
 T T W E R U O I V A H E B Y J L
 V E G O S S I P Y L D N E I R F

Find the hidden message of why we should not say bad things, by crossing off the words below from the letters above – which can be found either forward, backwards or diagonally

BEHAVIOUR	MEAN	RUMOURS
CHRISTIAN VALUES	MERCY	SAMARITAN
DISHONESTY	MORALS	TALES
HURT	NICE	TEN COMMANDMENTS
JUDGE	OBEDIENCE	THOUGHTFUL
LIES	PRAISE	TRUTH
LOVE	PRAY	UNJUST
GOOD	JUDGEMENT	PROVERBS
HELP	RESPECT	CHARITY
GOSSIP	FRIENDLY	

**My lips
shall
not speak
wickedness**



**nor my
tongue
utter
deceit.**

~Job 27:4

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Jephthah's Foolish Promise

Look at these pictures. Put the first letter of each word on the lines provided. This is another word for promise.

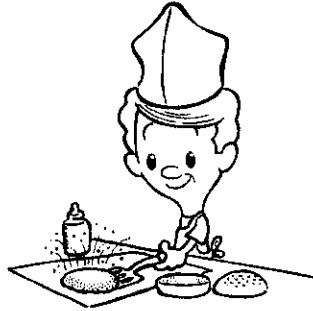


Judge Jephthah led the Israelites into many battles. One time he made a promise to God. He said that if God would help them win the battle, he would offer as a sacrifice the first thing that came out of his door when he got home. He didn't expect that it would be his daughter.

Cooking Activity

Chocolate Brownies

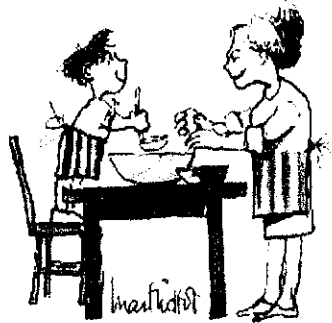
175grm dark chocolate, broken into pieces
175grm butter
275grm caster sugar
Pinch of salt
3 large eggs
100grm plain flour
2 teaspoons vanilla extract
125grm chocolate chips



Preheat oven to 175° C. Grease a cake tin and line it with non-stick baking paper. Ask an adult to help you melt together the chocolate and butter in a bowl, over a pan of simmering water. Stir until smooth and remove from the heat. Add the sugar and salt to the melted chocolate. Beat the eggs and add them gradually to the mixture. Sift the flour into the mixture and beat until smooth. Add the vanilla extract and stir in the chocolate chips. Put the mixture into the tin, put on your oven gloves and bake for 20-25 minutes until the top is pale brown and the middle is soft. Allow the brownies to cool before cutting into pieces.

A Happy Home Cake

1 x measure Good Temper,
1 x measure Patience,
3 x measure Unselfishness,
1 x measure Fun,
2x measure Cheerfulness,
2 x measure Forbearance,
2.5 x measure Contentment.



Mix well with 4 x measure of Human Kindness.

Dose: 1 tablespoon first thing in the morning.
Repeat as soon as the effects wear off.



Poets Corner

What are you saying; are your words good or bad,
Positive or negative, happy or sad?

The words of your mouth lead to failure or success.
Do you ever wonder how you got into that mess?

You are in charge of the words that you speak.
Will you be strong, or will you be weak?

Do you speak words of sickness, or words of health?
Do you speak of poverty, or are your words of wealth?

What you say each day is what comes to pass in your life.
Are your days full of peace, or are they full of strife?

Your life will reflect the words that you say.
Speak positive, uplifting words and life will manifest that way.

Speak negative, depressing, 'Oh, poor me' kind of things...
Then the road to failure is what these words will bring.

It's your choice; it's up to you.
What are you saying; what will you do?

Author Unknown